



East Providence Middle School Lunch Menu November 2017



* Simply Good Feature
* Legumes



Available daily:
Fresh Baked Pizzas,
Calzones and Flatbreads
Served with Your Choice of Hot or Cold
Vegetables, Salad, Fruit and Milk

Daily Specials may include:
Italian Stromboli, Buffalo Chicken
Flatbread, Steak & Cheese Pizza,
Pepperoni Pizza and more!

Cheese Pizza available daily

Monday	Tuesday	1. Wednesday	2. Thursday	3. Friday
	Build Your Own Yogurt Parfait Available Daily	Chili Dog topped with Cheddar Cheese and Scallions Baked Beans	Lazy Lasagna Sliced Bread Power Peas	Cheeseburger Bar Classic Cheeseburger with your choice of Toppings Oven Baked Fries
6.	7.	8.	9.	10.
Sloppy Joe Sandwich on a Bulky Roll Oven Baked French Fries	*New Angry Bird Turkey Burger Buffalo Ranch Cole Slaw Seasoned Corn	Mexican Fiesta Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Refried Beans Sour Cream and Salsa	Spaghetti & Meat Sauce Garlic Bread Stick Oven Roasted Italian Vegetables	
13.	14.	15.	16.	17.
*New Oven Fried Chicken Rice Pilaf Steamed Broccoli	Macaroni & Cheese Diced Ham Baked Beans Corn Salad Dinner Roll	Oven Roasted Turkey Gravy Mashed Potatoes Seasoned Peas Sliced Bread	Early Release Bag Lunches	Portuguese Soup Grilled Cheese Sandwich Tossed Salad
20.	21.	22.	23.	24.
Mexican Beef Nachos W/Toppings Spanish Rice Mexican Corn Salad	BBQ Pulled Pork Sandwich Baked Beans Fresh Vegetable Medley	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
27.	28.	29.	30.	
Classic Pasta Bar Meatballs Garlic Bread Italian Roasted Vegetables	Homestyle Meatloaf w/Gravy Mashed Potatoes Sliced Bread Caesar Salad	Baked Potato Bar Diced Ham, Broccoli & Cheese Dinner Roll Garden Salad	*New Buffalo Chicken Dip Tortilla Chips Seasoned Peas	Food Service Job Opportunities <ul style="list-style-type: none"> Great Hours Same time off as the school calendar Apply @ WWW. Alltogethergreat.com

create
EXHIBITION

Have lunch your way with our Build-Your-Own Specials

SO DELI delicious!

Freshly Prepared Deli Style Sandwiches Featuring:

- Fresh Veggies
- Variety of Cheeses
- Whole Grain Breads, Rolls and Wraps

wild greens

Salad Bar
Offered with all meals

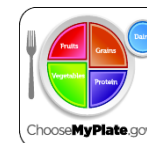
Create your own Side Salad with *Fresh Greens and a variety of Garden Fresh Veggies and Toppings.

Chef Creations like Pasta and Potato Salads are also available. Selections vary daily!

Menu Subject to Change 🌾 All grain items are made with whole grains
All meals are served with milk (1% low fat white or flavored) and fruit (fresh or canned)

Any questions please call Melissa Read, Director of Dining Services at 401-435-7814
If you have any food allergies, please let us know!

Prices: Lunch: Student Meal: \$2.95 • Reduced Meal: 40¢ • Milk: 55¢ • Adult: \$3.50
 • **Breakfast:** Student Meal \$1.45 Reduced .30¢



grilled

Available daily:
Hamburger, Cheeseburger, Chicken
Patty, Buffalo Chicken Patty
& Chicken Nuggets
Served with Your Choice of Hot or Cold
Vegetables, Salad, Fruit and Milk
Daily Specials may include:
Bacon Cheeseburger, Meatball Sub,
Quesadilla, Burritos and many more!

*Soup & Sandwich special, Seasonal Soups & Toasted Cheese Sandwich



Assorted pre-packaged entrée salads and deli sandwiches offered with fruits, vegetables and milk.

Daily Specials may include:
Chicken Caesar Wrap, Chicken Caesar Salad,
Italian Sub and Yogurt & Fruit with Crackers