



East Providence Middle School Lunch Menu May 2017

* Simply Good Feature
*Berries



Available daily:
Fresh Baked Pizzas,
Calzones and Flatbreads
Served with Your Choice of Hot or Cold
Vegetables, Salad, Fruit and Milk

Daily Specials may include:
Italian Stromboli, Buffalo Chicken
Flatbread, Steak & Cheese Pizza,
Pepperoni Pizza and more!

Cheese Pizza available daily



Available daily:
Hamburger, Cheeseburger, Chicken
Patty, Buffalo Chicken Patty
& Chicken Nuggets
Served with Your Choice of Hot or Cold
Vegetables, Salad, Fruit and Milk

Daily Specials may include:
Bacon Cheeseburger, Meatball Sub,
Quesadilla, Burritos and many more!

**Soup & Sandwich special, Seasonal
Soups & Toasted Cheese Sandwich*



Assorted pre-packaged entrée salads
and deli sandwiches offered with fruits,
vegetables and milk.

Daily Specials may include:
Chicken Caesar Wrap, Chicken Caesar
Salad,,
Italian Sub and Yogurt & Fruit with Crackers

create

EXHIBITION

Have lunch your
way with our
Build -Your-Own
Specials

SO
DELI
delicious!

Freshly Prepared
Deli Style
Sandwiches
Featuring:
• Fresh Veggies
• Variety of
Cheeses
• Whole Grain
Breads, Rolls
and Wraps

wild greens

Salad Bar
Offered with all
meals

Create your own
Side Salad with
*Fresh Greens
and a variety of
Garden Fresh
Veggies and
Toppings.

Chef Creations
like Pasta and
Potato Salads
are also
available.
Selections vary
daily!

1. Monday	2. Tuesday	3. Wednesday	4. Thursday	5. Friday
Brunch for Lunch Pancakes Warm Sliced Strawberries Sausage Potato Puffs	Hot Dog On a Bun BBQ Baked Beans	Chicken Parmesan Baked Ziti Seasoned Peas	Lazy Lasagna Sliced Bread Power Peas	Cheeseburger Bar Classic Cheeseburger with your choice of Toppings Oven Baked Fries
8.	9.	10.	11.	12.
Brunch for Lunch French Toast Sticks(3) Sliced Berries Sausage	General Tso's Chicken Sweet and Spicy Chicken Lucky Fried Rice Steamed Broccoli	Spaghetti & Meat Sauce Garlic Bread Stick Oven Roasted Italian Vegetables	Shepherd's Pie Mashed Potato & Gravy Sliced Bread Garden Salad	Mexican Fiesta Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Refried Beans Sour Cream and Salsa
15.	16.	17.	18.	19.
Chicken Caesar Salad Bar Grilled Flatbread	Grilled Salisbury Steak Rice Pilaf Steamed Broccoli	Popcorn Chicken Bowl Mashed Potato & Gravy Seasoned Corn	BBQ Pulled Pork Sandwich Crinkle Cut Fries Tangy Coleslaw	Portuguese Soup Grilled Cheese Sandwich
22.	23.	24.	25.	26.
Buffalo Chicken Quesadilla Spanish Rice Mexican Corn Salad	Mexican Fiesta Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Refried Beans Sour Cream and Salsa	Chili Dog topped with Cheddar Cheese and Scallions BBQ Baked Beans	Roast Turkey Mashed Potato w/Gravy Stuffing Garden Salad Cranberry Sauce	Buffalo Popcorn Chicken Cuban Yellow Rice Blue Cheese Dressing Dinner Roll Power Carrot & Celery Sticks
.29	.30	.31		
Memorial Day No School	Meatball Sub w/Melted Mozzarella Cheese Potato Puffs	BBQ Roasted Chicken Biscuit BBQ Baked Beans	Food Service Job Opportunities • Great Hours • Same time off as the school calendar	Build Your Own Yogurt Parfait Available Daily Apply @ WWW. Alltogethergreat.com

Menu Subject to Change 🍷 **All grain items are made with whole grains**
All meals are served with milk (1% low fat white or flavored) and fruit (fresh or canned)

Any questions please call Melissa Read, Director of Dining Services at 401-435-7814

If you have any food allergies, please let us know!

Prices: Lunch: Student Meal: \$2.85 • Reduced Meal: 40¢ • Milk: 55¢ • Adult: \$3.50

• **Breakfast:** Student Meal \$1.45 Reduced .30¢

