



# East Providence High School Lunch Menu May 2018

\*Simply Good "Berries"



## create EXHIBITION

Have lunch your way with our Build-Your-Own Specials

### SO DELI

*delicious!*

Freshly Prepared Deli Style Sandwiches Featuring:

- Fresh Veggies
- Variety of Cheeses
- Whole Grain Breads, Rolls and Wraps
- Seasonal Soups served with Grilled Cheese Sandwich

## wild greens

### Salad Bar

Offered with all meals Create your own Side Salad with Fresh Greens and a variety of Garden Fresh Veggies and Toppings.

Monday  
Broccoli & Raisin Salad

Tuesday  
Chick Pea Salad

Wednesday  
Sweet Corn Salad

Thursday  
Carrot & Raisin Salad

Friday  
Cucumber & Tomato Salad

Monday	1. Tuesday	2. Wednesday	3. Thursday	4. Friday
Build your own Yogurt Parfait Bar Offered Daily!	<b>Mexican Fiesta</b> Featuring Chipotle Cinnamon Pulled Pork Tacos Refried Beans Spanish Rice	<b>Chicken Pot Pie</b> Featuring Mashed Potatoes Warm Biscuit Cranberry sauce	<b>Mexican Fiesta</b> Featuring Super Nacho Bar Refried Beans Spanish Rice	<b>Chicken Mania</b> Featuring Crispy Popcorn Chicken tossed in a variety of flavored sauces Potato Puffs Dinner Roll
7. Brunch For Lunch Hot Breakfast Bar Featuring Egg Scramblers French Toast Sticks	8. <b>Mexican Fiesta</b> Featuring Quesadilla Station Pulled Chicken or Pork Rice Pilaf	9. <b>Outside BBQ</b> Featuring Hot Dogs & Burgers BBQ Chicken & Veggie Burgers Pasta Salad Watermelon	10. <b>Mexican Fiesta</b> Featuring Super Nacho Bar Refried Beans Spanish Rice	11. <b>Chicken Mania</b> Featuring Crispy Popcorn Chicken tossed in a variety of flavored sauces Potato Puffs Dinner Roll
14. Brunch For Lunch Hot Breakfast Bar Featuring Breakfast Burritos French Toast Sticks	15. <b>Soup &amp; Sandwich Bar</b> Chicken Noodle Soup Assorted Grilled Cheese Sandwiches	16. <b>Greek Cuisine</b> Featuring Greek Chicken Salad Marinated Greek vegetables Tatziki Sauce	17. <b>Mexican Fiesta</b> Featuring Super Nacho Bar Refried Beans Spanish Rice	18. <b>Senior Project Early Release Day</b>
21. Brunch For Lunch Hot Breakfast Bar Featuring Breakfast Smoothies French Toast Sticks	22. <b>Mexican Fiesta</b> Featuring Quesadilla Station Pulled Chicken or Pork Rice Pilaf	23. <b>Outside BBQ</b> Featuring Hot Dogs & Burgers BBQ Chicken & Veggie Burgers Pasta Salad Watermelon	24. <b>Mexican Fiesta</b> Featuring Super Nacho Bar Refried Beans Spanish Rice	25. <b>Chicken Mania</b> Featuring Crispy Popcorn Chicken tossed in a variety of flavored sauces Potato Puffs Dinner Roll
28. <b>Memorial Day No School</b>	29. <b>Mexican Fiesta</b> Featuring Taco Station Pulled Chicken or Pork Rice Pilaf	30. <b>Pasta &amp; Meatball Bar</b> Featuring Variety of Pasta's & Sauces Meatballs Garlic Breadsticks	31. <b>Mexican Fiesta</b> Featuring Super Nacho Bar Refried Beans Spanish Rice	

### Menu Subject to Change



All grain items are made with whole grains

All meals are served with milk (1% low fat white or flavored) and fruit (fresh or canned)

Any questions please call Melissa Read, Director of Dining Services at 401-435-7814

If you have any food allergies, please let us know!

Lunch Prices: Student Meal: \$2.95 • Reduced Meal: 40¢ • Milk: 55¢ • Adult: \$3.50

Breakfast: Student Meal \$1.45 Reduced Meal .30¢



### Available daily:

Fresh Baked Pizzas,  
Calzones and Flatbreads  
Served with Your Choice of Hot or Cold Vegetables,  
Salad, Fruit and Milk

### Daily Specials may include:

Italian Stromboli, Buffalo Chicken  
Flatbread, Steak & Cheese Pizza,  
Pepperoni Pizza and more!

### Cheese Pizza available daily



### Available daily:

Hamburger, Cheeseburger,  
Grilled Chicken Breast  
Buffalo Chicken Patty  
& Chicken Nuggets  
Served with Your Choice of Hot or Cold Vegetables,  
Salad, Fruit and Milk

### Daily Specials may include:

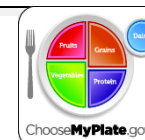
Bacon Cheeseburger,  
Meatball Sub, Specialty Sandwiches,  
Spicy Fish Sandwich and many more!



Assorted pre-packaged entrée salads  
and deli sandwiches offered with fruits,  
vegetables and milk.

### Daily Specials may include:

Chicken Caesar Wrap, Chicken Caesar Salad,  
Italian Sub and Yogurt & Fruit with Crackers



This institution is an equal opportunity  
Provider and employer