



# East Providence Middle School Lunch Menu March 2018

\* Simply Good Feature  
\*Cruciferous Vegetables



**Available daily:**  
Fresh Baked Pizzas,  
Calzones and Flatbreads  
Served with Your Choice of Hot or Cold  
Vegetables, Salad, Fruit and Milk

**Daily Specials may include:**  
Italian Stromboli, Buffalo Chicken  
Flatbread, Steak & Cheese Pizza,  
Pepperoni Pizza and more!

**Cheese Pizza available daily**

create  
EXHIBITION

Have lunch your way with our Build-Your-Own Specials

SO DELI delicious!

Freshly Prepared Deli Style Sandwiches Featuring:  
• Fresh Veggies  
• Variety of Cheeses  
• Whole Grain Breads, Rolls and Wraps

wild greens

**Salad Bar**  
Offered with all meals

Create your own Side Salad with \*Fresh Greens and a variety of Garden Fresh Veggies and Toppings.

Chef Creations like Pasta and Potato Salads are also available. Selections vary daily!

Monday	Tuesday	Wednesday	1. Thursday	2. Friday
<p><b>Please monitor your child's purchases on the MySchoolBucks App Or MySchoolBucks.com Website</b></p>	 <p>Download our Mobile App today</p> <p><b>The Simple Way to Pay</b> FOR SCHOOL MEALS</p>		<p><b>BBQ Pulled Pork on a Torpedo</b></p> <p>Tangy Coleslaw</p>	<p><b>Cheeseburger Bar</b> Classic Cheeseburger with your choice of Toppings Oven Baked Fries</p>
5. <b>Brunch for Lunch</b> French Toast Sticks Chicken Sausage Home Fries	6. <b>Mexican Fiesta</b> Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Refried Beans Sour Cream and Salsa	7. <b>Baked Macaroni &amp; Cheese</b> Bar with Diced Ham Dinner Roll Steamed Broccoli	8. <b>Salisbury Steak With Gravy</b> Vienna Bread Rice Pilaf	9. <b>General Tso's Chicken</b> Steamed Rice Stir Fry Veggies
12. <b>Crispy Chicken Patty</b> On a Roll Cowboy Baked Beans	13. <b>"National Chicken Noodle Soup Day"</b> <b>Hearty Chicken Noodle Soup &amp; a Grilled Cheese Sandwich</b> Tossed Salad	14. <b>Brunch for Lunch</b> Mini Maple Burst Pancakes Chicken Sausage Home fries	15. <b>General Tso's Chicken</b> Lucky Fried Rice Hearty Garden Salad	16. <b>Fish Sticks</b> With Tartar sauce Oven Baked Fries
19. <b>Oven Baked Crispy Fried Chicken</b> Dinner Roll Potato Wedges	20. <b>Mexican Fiesta</b> Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Refried Beans Sour Cream and Salsa	21. <b>Italian Meatball Sandwich</b> Steamed Carrots & Peas	22. <b>Roast Turkey &amp; Gravy</b> Vienna Bread <i>Locally Grown</i> Mashed Potatoes	23. <b>Buffalo Chicken Finger Basket</b> Sweet Potato Fries Carrot & Celery Sticks
26. <b>Chili Dog</b> Topped with Cheddar Cheese and Scallions Baked Beans	27. <b>Chicken Alfredo Breadstick</b> Steamed Broccoli	28. <b>Shepherd's Pie</b> With Gravy Dinner Roll Hearty Garden Salad	29. <b>Townie Burger</b> Beef Patty, Onion Ring, BBQ & Cheese Garbanzo & Kidney Bean Salad	30. <b>No School Good Friday</b>

grilled

**Available daily:**  
Hamburger, Cheeseburger, Chicken Patty, Buffalo Chicken Patty & Chicken Nuggets  
Served with Your Choice of Hot or Cold Vegetables, Salad, Fruit and Milk  
**Daily Specials may include:**  
Bacon Cheeseburger, Meatball Sub, Quesadilla, Burritos and many more!

\*Soup & Sandwich special, Seasonal Soups & Toasted Cheese Sandwich



Assorted pre-packaged entrée salads and deli sandwiches offered with fruits, vegetables and milk.

**Daily Specials may include:**  
Chicken Caesar Wrap, Chicken Caesar Salad,  
Italian Sub and Yogurt & Fruit with Crackers

**Menu Subject to Change** 🍴 **All grain items are made with whole grains**  
All meals are served with milk (1% low fat white or flavored) and fruit (fresh or canned)

Any questions please call Melissa Read, Director of Dining Services at 401-435-7814  
If you have any food allergies, please let us know!

**Prices: Lunch:** Student Meal: \$2.95 • Reduced Meal: 40¢ • Milk: 55¢ • Adult: \$3.50  
• **Breakfast:** Student Meal \$1.45 Reduced .30¢

