



East Providence Elementary Lunch Menu March 2017

Student: \$2.60 Reduced: 40¢ Adult: \$3.50

A full student lunch includes a choice of entrée supplying protein and whole grain, One (1) vegetable side dish, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate

*Simply Good Feature item (Cruciferous Vegetables)



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Everyone's Irish On March 17th.</p>		<p>1 1. Personal Veggie Pizza</p> <p>Buttered Peas Garden Salad</p>	<p>2 1. Chicken & Gravy Dinner Roll</p> <p>Mashed Potatoes Baby Carrots</p>	<p>3 1. Classic Cheese Pizza</p> <p>2. Yogurt, Graham Cracker Fun Lunch Caesar Salad Spicy Garbanzo Beans</p>
<p>Alternate Meals: Monday - Thursday 2. Chicken Nuggets with Sliced Bread 3. Triple Decker Sun Butter & Jelly Sandwich</p>				
<p>6 "Brunch For Lunch" 1. Mini Maple Pancakes Yogurt</p> <p>Crispy Hash Brown Baby Carrots</p>	<p>7 1. Chicken Nachos "Seasoned Chicken Over Tortilla Chip With Lettuce & Cheese" Cilantro Lime Rice Baby Carrots</p>	<p>8 1. Yogurt Parfait With Mandarin Oranges & Cheerios</p> <p>Sliced Cucumbers Baby Carrots</p>	<p>9 Homemade Meatloaf Gravy Dinner Roll</p> <p>Mashed Potato Spinach Veggie Salad</p>	<p>10 1. Classic Cheese Pizza</p> <p>2. Yogurt, Graham Cracker Fun Lunch</p> <p>Mexican Corn Salad</p>
<p>Alternate Meals: Monday - Thursday 2. French Toast Sticks with String Cheese 3. Tuna Salad Plate with Sliced Bread</p>				
<p>13 1. BBQ Pulled Pork On a Bulky Roll</p> <p>Orange Glazed Carrots Caesar Salad</p>	<p>14 1. General Tso's Chicken Steamed Brown Rice</p> <p>Sweet & Tangy Broccoli Salad</p>	<p>15 1. Spaghetti with Italian Meat Sauce Sliced Bread</p> <p>Power Peas</p>	<p>16 Shepherd's Pie With Gravy Dinner Roll</p> <p>Garden Salad</p>	<p>17 "St Patrick's Day" 1. Classic Cheese Pizza</p> <p>2. Yogurt, Graham Cracker Fun Lunch Spicy Garbanzo Beans Orange Glazed Carrots</p>
<p>Alternate Meals: Monday - Thursday 2. Popcorn Chicken & Dinner Roll 3. Tuna Salad w/ Lettuce on Sliced Bread</p>				
<p>20 Chicken Sandwich On a Bun Optional: Buffalo Sauce</p> <p>Dark Greens Salad Baby Carrots</p>	<p>21 1. Swedish Meatballs Over Pasta Dinner Roll</p> <p>Citrus Garbanzo & Kidney Bean Salad</p>	<p>22 1. Hot Dog On a Bun</p> <p>BBQ Baked Beans</p>	<p>23 1. Roast Turkey & Gravy Mashed Potatoes Dinner Roll</p> <p>Garden Salad Baby Carrots</p>	<p>4 1. Classic Cheese Pizza</p> <p>2. Yogurt, Graham Cracker Fun Lunch Caesar Salad Spicy Garbanzo Beans</p>
<p>Alternate Meals: Monday - Thursday 2. Classic Cheeseburger 3. Curry Chicken Salad Plate w/ Dinner Roll</p>				
<p>21 "Brunch For Lunch" 1. French Toast Sticks With Sausage</p> <p>Buttered Corn</p>	<p>28 1. Chicken Nuggets Sliced Bread</p> <p>Orange Glazed Carrots</p>	<p>29 1. Crispy Fish Sandwich Oven Baked Potato Puffs</p> <p>Citrus Cucumber Salad Carrot & Celery Sticks</p>	<p>30 1. Beef Nachos "Seasoned Beef Over Tortilla Chips With Lettuce & Cheese" Cilantro Lime Rice Roasted Tomato Salsa</p>	<p>31 1. Classic Cheese Pizza</p> <p>2. Yogurt, Graham Cracker Fun Lunch Caesar Salad Spicy Garbanzo Beans</p>
<p>Alternate Meals: Monday - Thursday 2. Chicken Caesar Salad with Dinner Roll 3. Triple Decker Sun Butter & Jelly Sandwich</p>				
<p>Available Daily with any meal: Assorted Fresh Fruit Assorted Chilled Fruit</p>				



Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.

If you have any **food allergies**, please let us know!

This institution is an equal opportunity provider and employer