



East Providence Middle School Lunch Menu June 2017




*** Simply Good Feature
*Spring Veggies**



Available daily:
Fresh Baked Pizzas,
Calzones and Flatbreads
Served with Your Choice of Hot or Cold
Vegetables, Salad, Fruit and Milk

Daily Specials may include:
Italian Stromboli, Buffalo Chicken
Flatbread, Steak & Cheese Pizza,
Pepperoni Pizza and more!

Cheese Pizza available daily

1. Monday	2. Tuesday	3. Wednesday	1. Thursday	2. Friday
			Lazy Lasagna Sliced Bread Power Peas	Cheeseburger Bar Classic Cheeseburger with your choice of Toppings Oven Baked Fries
5.	6.	7.	8.	9.
Brunch for Lunch French Toast Sticks(3) Sliced Berries Sausage	General Tso's Chicken Sweet and Spicy Chicken Lucky Fried Rice Steamed Broccoli	Spaghetti & Meat Sauce Garlic Bread Stick Oven Roasted Italian Vegetables	Baked Potato Bar Chili & Cheese Sour Cream & Scallions Garden Salad	Mexican Fiesta Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Refried Beans Sour Cream and Salsa
12.	13.	14.	15.	16.
Chicken Caesar Salad Bar Grilled Flatbread	Grilled Salisbury Steak Rice Pilaf Steamed Broccoli	Popcorn Chicken Bowl Mashed Potato & Gravy Seasoned Corn	Meatball Sub w/Melted Mozzarella Cheese Potato Puffs	Portuguese Soup Grilled Cheese Sandwich
19.	20.	21.	22.	23.
Buffalo Chicken Quesadilla Spanish Rice Mexican Corn Salad	Mexican Fiesta Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Refried Beans Sour Cream and Salsa	Last Day of Classes! Chili Dog topped with Cheddar Cheese and Scallions Chefs Choice		
26.	27.	28.	29.	30.
			Food Service Job Opportunities <ul style="list-style-type: none"> • Great Hours • Same time off as the school calendar 	Build Your Own Yogurt Parfait Available Daily Apply @ WWW. Alltogethergreat.com

create
EXHIBITION

Have lunch your way with our Build -Your-Own Specials

SO DELI
Delicious!

Freshly Prepared Deli Style Sandwiches Featuring:

- Fresh Veggies
- Variety of Cheeses
- Whole Grain Breads, Rolls and Wraps

wild greens

Salad Bar
Offered with all meals

Create your own Side Salad with *Fresh Greens and a variety of Garden Fresh Veggies and Toppings.

Chef Creations like Pasta and Potato Salads are also available. Selections vary daily!

Menu Subject to Change 🌾 **All grain items are made with whole grains**
All meals are served with milk (1% low fat white or flavored) and fruit (fresh or canned)

Any questions please call Melissa Read, Director of Dining Services at 401-435-7814
If you have any food allergies, please let us know!
Prices: Lunch: Student Meal: \$2.85 • Reduced Meal: 40¢ • Milk: 55¢ • Adult: \$3.50
 • **Breakfast:** Student Meal \$1.45 Reduced .30¢



grilled

Available daily:
Hamburger, Cheeseburger, Chicken Patty, Buffalo Chicken Patty & Chicken Nuggets
Served with Your Choice of Hot or Cold Vegetables, Salad, Fruit and Milk

Daily Specials may include:
Bacon Cheeseburger, Meatball Sub, Quesadilla, Burritos and many more!

**Soup & Sandwich special, Seasonal Soups & Toasted Cheese Sandwich*



Assorted pre-packaged entrée salads and deli sandwiches offered with fruits, vegetables and milk.

Daily Specials may include:
Chicken Caesar Wrap, Chicken Caesar Salad,, Italian Sub and Yogurt & Fruit with Crackers