



East Providence Elementary

Lunch Menu January 2017

Student: \$2.60 Reduced: 40¢ Adult: \$3.50

A full student lunch includes a choice of entrée supplying protein and whole grain, One (1) vegetable side dish, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate

*Simply Good Feature item (Dark Leafy Greens)



Monday	Tuesday	Wednesday	Thursday	Friday
2 "No School" 	3 1. Hot Dog in a Bun Buttered Corn	4 1. Yogurt Mandarin Orange Cheerio Parfait Cucumber Wheels	5 1. Meatloaf with Gravy Mashed Potatoes Sliced Bread Spinach Veggie Salad	6 1. Classic Cheese Pizza 2. Yogurt, Graham Cracker Fun Lunch Caesar Salad
Alternate Meals: Monday - Thursday 2. Chicken Nuggets with Sliced Bread 3. Sunbutter & Jelly Sandwich				
9 1. Pancakes w/ Sausage Syrup Orange Smiles Cool Cucumber Wheels	10 1. Creamy Macaroni & Cheese Buttered Peas Garden Salad	11 1. BBQ Chicken Drumstick Mashed Potato Dinner Roll Caesar Salad	12 1. BBQ Pulled Pork on a Bulky Roll BBQ Baked Beans	13 1. Classic Cheese Pizza 2. Yogurt, Graham Cracker Fun Lunch Garbanzo Bean Salad
Alternate Meals: Monday - Thursday 2. Tuna Salad Plate w/ Dinner Roll 3. Crispy Chicken Patty Sandwich				
16 "No School" Martin Luther King Jr. Day 	17 1. Swedish Meatballs Rotini Dinner Roll Seasoned Green Beans	18 1. Lazy Lasagna Oven Roasted Zucchini	19 1. Roast Turkey Mashed Potato & Gravy Dinner Roll Cranberry Sauce Garden Salad	20 1. Classic Cheese Pizza 2. Yogurt, Graham Cracker Fun Lunch Caesar Salad
Alternate Meals: Monday - Thursday 2. Popcorn Chicken & Dinner Roll 3. Turkey, Cheese Lettuce & Tomato on Sliced Bread				
23 1. General Tso's Chicken Lucky Fried Rice Crunchy Broccoli Bites	24 1. Chicken Parmesan Ziti Pasta w/ Marinara Sauce Spinach & Veggie Side Salad	25. French Toast Sticks Syrup Sausage Patty Home Fried Potatoes	26 1. Classic Cheeseburger Oven Baked Fries BBQ Baked Beans	27 1. Classic Cheese Pizza 2. Yogurt, Graham Cracker Fun Lunch Garbanzo Bean Salad
Alternate Meals: Monday - Thursday 2. Crispy Chicken Caesar Salad with Dinner Roll 3. Tuna Salad Sandwich				
30 1. Crispy Fish Sandwich Oven Baked Fries Zesty Cole Slaw	31 1. Shepherd's Pie Gravy Dinner Roll			
Alternate Meals: Monday - Thursday .2 Buffalo Chicken Salad Wrap .3 Egg & Cheese Breakfast Sandwich				
Available Daily with any meal: Baby Carrots Assorted Fresh Fruit Assorted Chilled Fruit				



Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.
 *Menu Subject to Change

Questions or Comments?
 Please call Melissa Read,
 Foodservice Director @ 401-435-7814

If you have any food allergies, please let us know!

This institution is an equal opportunity provider and employer