



**East Providence Middle School
Lunch Menu February 2018**
* Simply Good Feature
*Red & Orange Vegetables



Available daily:
Fresh Baked Pizzas,
Calzones and Flatbreads
Served with Your Choice of Hot or Cold
Vegetables, Salad, Fruit and Milk

Daily Specials may include:
Italian Stromboli, Buffalo Chicken
Flatbread, Steak & Cheese Pizza,
Pepperoni Pizza and more!

Cheese Pizza available daily



Available daily:
Hamburger, Cheeseburger, Chicken
Patty, Buffalo Chicken Patty
& Chicken Nuggets
Served with Your Choice of Hot or Cold
Vegetables, Salad, Fruit and Milk

Daily Specials may include:
Bacon Cheeseburger, Meatball Sub,
Quesadilla, Burritos and many more!

**Soup & Sandwich special, Seasonal
Soups & Toasted Cheese Sandwich*



Assorted pre-packaged entrée salads
and deli sandwiches offered with fruits,
vegetables and milk.

Daily Specials may include:
Chicken Caesar Wrap, Chicken Caesar
Salad,
Italian Sub and Yogurt & Fruit with Crackers

create
EXHIBITION

Have lunch your
way with our
Build-Your-Own
Specials

**SO
DELI
delicious!**

Freshly Prepared
Deli Style
Sandwiches
Featuring:
• Fresh Veggies
• Variety of
Cheeses
• Whole Grain
Breads, Rolls
and Wraps

wild greens

Salad Bar
Offered with all
meals

Create your own
Side Salad with
*Fresh Greens
and a variety of
Garden Fresh
Veggies and
Toppings.

Chef Creations
like Pasta and
Potato Salads
are also
available.
Selections vary
daily!

Monday	Tuesday	Wednesday	1. Thursday	2. Friday
			Oven Baked Crispy Fried Chicken Dinner Roll <i>Locally Grown</i> Mashed Potatoes	Cheeseburger Bar Classic Cheeseburger with your choice of Toppings Oven Baked Fries
5. Brunch for Lunch French Toast Sticks Chicken Sausage Home Fries	6. Mexican Fiesta Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Refried Beans Sour Cream and Salsa	7. Roast Turkey & Gravy Vienna Bread <i>Locally Grown</i> Mashed Potatoes	8. Chicken Noodle Soup Grilled Cheese Sandwich Tossed Salad	9. General Tso's Chicken Steamed Rice Stir Fry Veggies
12. Crispy Chicken Patty On a Roll Cowboy Baked Beans	13. Italian Meatball Sandwich Steamed Carrots & Peas	14. Fish Sticks With Tartar sauce Oven Baked Fries	15. Swedish Meatballs Over Rotini Pasta Hearty Garden Salad	16. Oven Fried Popcorn Shrimp Oven Baked Fries Tartar Sauce
19. Winter Break	20. Winter Break	21. Winter Break	22. Winter Break	23. Winter Break
26. Chili Dog Topped with Cheddar Cheese and Scallions Baked Beans	27. Brunch for Lunch Mini Maple Burst Pancakes Chicken Sausage Home fries	28. Shepherd's Pie With Gravy Dinner Roll Hearty Garden Salad		Please monitor your child's purchases on the MySchoolBucks App Or MySchoolBucks.com Website

Menu Subject to Change 🌾 **All grain items are made with whole grains**
All meals are served with milk (1% low fat white or flavored) and fruit (fresh or canned)

Any questions please call Melissa Read, Director of Dining Services at 401-435-7814
If you have any food allergies, please let us know!

Prices: Lunch: Student Meal: \$2.95 • Reduced Meal: 40¢ • Milk: 55¢ • Adult: \$3.50
• **Breakfast:** Student Meal \$1.45 Reduced .30¢

