



# East Providence High School Lunch Menu February 2018

\*Simply Good "Red & Orange Vegetables"



**create**  
EXHIBITION

Have lunch your way with our Build-Your-Own Specials

**SO DELI**

*delicious!*

Freshly Prepared Deli Style Sandwiches Featuring:

- Fresh Veggies
- Variety of Cheeses
- Whole Grain Breads, Rolls and Wraps
- Seasonal Soups served with Grilled Cheese Sandwich

**wild greens**

**Salad Bar**

Offered with all meals  
Create your own Side Salad with Fresh Greens and a variety of Garden Fresh Veggies and Toppings.

Monday  
Broccoli & Raisin Salad

Tuesday  
Chick Pea Salad

Wednesday  
Sweet Corn Salad

Thursday  
Carrot & Raisin Salad

Friday  
Cucumber & Tomato Salad

Monday	Tuesday	Wednesday	1. Thursday	2. Friday
			<b>Mexican Fiesta</b> Featuring Super Nacho Bar Refried Beans Spanish Rice	<b>Chicken Mania</b> Featuring Crispy Popcorn Chicken tossed in a variety of flavored sauces Potato Puffs Dinner Roll
5.	6.	7.	8.	9.
<b>Brunch For Lunch Hot Breakfast Bar</b> Featuring Egg Scramblers French Toast Sticks	<b>Mexican Fiesta</b> Featuring Quesadilla Station Pulled Chicken or Pork Rice Pilaf	<b>Roast Turkey Dinner</b> Home Made Mashed Potatoes Stuffing & Gravy	<b>Mexican Fiesta</b> Featuring Super Nacho Bar Refried Beans Spanish Rice	<b>Meatball Mania</b> Featuring Meatballs tossed in a variety of flavored sauces Twister Fries Dinner Roll
12.	13.	14.	15.	16.
<b>Brunch For Lunch Hot Breakfast Bar</b> Featuring Breakfast Burritos French Toast Sticks	<b>"Mardi Gras"</b> Featuring Shrimp Po Boy Sandwich Cajun Rice & Beans Cole Slaw	<b>Soup &amp; Sandwich Bar</b> Chicken Noodle Soup Assorted Grilled Cheese Sandwiches	<b>Mexican Fiesta</b> Featuring Super Nacho Bar Refried Beans Spanish Rice	<b>Chicken Mania</b> Featuring Crispy Popcorn Chicken tossed in a variety of flavored sauces Twister Fries Dinner Roll
19.	20.	21.	22.	23.
<b>Winter Break</b>	<b>Winter Break</b>	<b>Winter Break</b>	<b>Winter Break</b>	<b>Winter Break</b>
26.	27.	28.		
<b>Brunch For Lunch Hot Breakfast Bar</b> Featuring Breakfast Grab & Go Egg Sandwiches	<b>Mexican Fiesta</b> Featuring Taco Station Pulled Chicken or Pork Rice Pilaf	<b>Pasta &amp; Meatball Bar</b> Featuring Variety of Pasta's & Sauces Meatballs Garlic Breadsticks		Build your own Yogurt Parfait Bar Offered Daily!

**Menu Subject to Change**

**All grain items are made with whole grains**

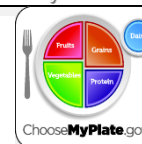
All meals are served with milk (1% low fat white or flavored) and fruit (fresh or canned)

Any questions please call Melissa Read, Director of Dining Services at 401-435-7814

**If you have any food allergies, please let us know!**

**Lunch Prices:** Student Meal: \$2.95 • Reduced Meal: 40¢ • Milk: 55¢ • Adult: \$3.50

**Breakfast:** Student Meal \$1.45 Reduced Meal .30¢



**Available daily:**

Fresh Baked Pizzas,  
Calzones and Flatbreads  
Served with Your Choice of Hot or Cold Vegetables,  
Salad, Fruit and Milk

**Daily Specials may include:**

Italian Stromboli, Buffalo Chicken  
Flatbread, Steak & Cheese Pizza,  
Pepperoni Pizza and more!

**Cheese Pizza available daily**



**Available daily:**

Hamburger, Cheeseburger,  
Grilled Chicken Breast  
Buffalo Chicken Patty  
& Chicken Nuggets  
Served with Your Choice of Hot or Cold Vegetables,  
Salad, Fruit and Milk

**Daily Specials may include:**

Bacon Cheeseburger,  
Meatball Sub, Specialty Sandwiches,  
Spicy Fish Sandwich and many more!



Assorted pre-packaged entrée salads  
and deli sandwiches offered with fruits,  
vegetables and milk.

**Daily Specials may include:**

Chicken Caesar Wrap, Chicken Caesar Salad,  
Italian Sub and Yogurt & Fruit with Crackers

**This institution is an equal opportunity  
Provider and employer**