



East Providence Middle School Lunch Menu April 2018

* Simply Good Feature
*Garden Vegetables



create
EXHIBITION
Have lunch your way with our Build-Your-Own Specials

SO DELI
delicious!

- Freshly Prepared Deli Style Sandwiches Featuring:
- Fresh Veggies
 - Variety of Cheeses
 - Whole Grain Breads, Rolls and Wraps

wild greens
Salad Bar
Offered with all meals

Create your own Side Salad with *Fresh Greens and a variety of Garden Fresh Veggies and Toppings.

Chef Creations like Pasta and Potato Salads are also available. Selections vary daily!

2. Monday	3. Tuesday	4. Wednesday	5. Thursday	6. Friday
Brunch for Lunch French Toast Sticks Chicken Sausage Home Fries	Mexican Fiesta Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Refried Beans Sour Cream and Salsa	Buffalo Chicken Finger Basket Sweet Potato Fries Carrot & Celery Sticks	Red Sox Opener 1. Ball Park Hot Dog On a Roll With optional Chili Sauce BBQ Baked Beans	General Tso's Chicken Steamed Rice Stir Fry Veggies
9.	10.	11.	12.	13.
Crispy Chicken Patty On a Roll Cowboy Baked Beans	Shepherd's Pie With Gravy Dinner Roll Hearty Garden Salad	Cheeseburger Bar Classic Cheeseburger with your choice of Toppings Oven Baked Fries	Fish Sticks With Tartar sauce Oven Baked Fries Cole Slaw	Townie Burger Beef Patty, Onion Ring, BBQ & Cheese Garbanzo & Kidney Bean
16.	17.	18.	19.	20.
	School	Vacation	Week	
23.	24.	25.	26.	27.
Brunch for Lunch Pancakes with Berry Topping Yogurt Home Fries	Baked Macaroni & Cheese Bar with Diced Ham Dinner Roll Steamed Broccoli	Fish Sticks With Tartar sauce Oven Baked Fries Cole Slaw	Roast Turkey & Gravy Vienna Bread <i>Locally Grown</i> Mashed Potatoes	Mexican Fiesta Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Refried Beans Sour Cream and Salsa
30.				
Sloppy Joe Sandwich on a Bulky Roll Oven Baked Fries	 Download our Mobile App today The Simple Way to Pay FOR SCHOOL MEALS	Employment Opportunities Apply Online Altogethergreat.com Enter Zip Code 02915	Please monitor your child's purchases on the MySchoolBucks App Or MySchoolBucks.com Website	

Available daily:
Fresh Baked Pizzas, Calzones and Flatbreads
Served with Your Choice of Hot or Cold Vegetables, Salad, Fruit and Milk

Daily Specials may include:
Italian Stromboli, Buffalo Chicken Flatbread, Steak & Cheese Pizza, Pepperoni Pizza and more!

Cheese Pizza available daily

grilled
Available daily:

Hamburger, Cheeseburger, Chicken Patty, Buffalo Chicken Patty & Chicken Nuggets
Served with Your Choice of Hot or Cold Vegetables, Salad, Fruit and Milk

Daily Specials may include:
Bacon Cheeseburger, Meatball Sub, Quesadilla, Burritos and many more!

**Soup & Sandwich special, Seasonal Soups & Toasted Cheese Sandwich*



Assorted pre-packaged entrée salads and deli sandwiches offered with fruits, vegetables and milk.

Daily Specials may include:
Chicken Caesar Wrap, Chicken Caesar Salad, Italian Sub and Yogurt & Fruit with Crackers

Menu Subject to Change 🍴 **All grain items are made with whole grains**
All meals are served with milk (1% low fat white or flavored) and fruit (fresh or canned)

Any questions please call Melissa Read, Director of Dining Services at 401-435-7814
If you have any food allergies, please let us know!
Prices: Lunch: Student Meal: \$2.95 • Reduced Meal: 40¢ • Milk: 55¢ • Adult: \$3.50
• **Breakfast:** Student Meal \$1.45 Reduced .30¢

