



East Providence Middle School Lunch Menu June 2016 * Simply Good Feature "Summer Veggies"



create EXHIBITION

Have lunch your way with our Build-Your-Own Specials

SO DELI delicious!

Freshly Prepared Deli Style Sandwiches Featuring:

- Fresh Veggies
- Variety of Cheeses
- Whole Grain Breads, Rolls and Wraps

wild greens

Salad Bar
Offered with all meals

Create your own Side Salad with *Fresh Greens and a variety of Garden Fresh Veggies and Toppings.

Chef Creations like Pasta and Potato Salads are also available. Selections vary daily!

		1	2	3
		Sloppy Joe Sandwich House made Pasta Salad Oven baked Fries	Meatball Sub Sweet Potato Puffs	General Tso's Chicken Sweet and Spicy Chicken Cilantro Lime Steamed Brown Rice, Broccoli
6	7	8	9	10
Whole Grain French Toast Sticks w/ Strawberries Baked Ham Potato Puffs	Swedish Meatballs Whole Grain Rotini Buttered Corn	Mexican Fiesta Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Sour Cream and Salsa	Creamy Mac & Cheese Kicked up with a Variety of Assorted Toppings! Whole Grain Biscuit 	Chili Bar Vegetarian Bean Chili or Beef Chili served with Crispy Tortilla Chips Seasoned Broccoli
13	14	15	16	17
Cheeseburger Bar Classic Cheeseburger with your choice of Toppings Oven Baked Fries	Crispy Fish Sandwich Cheese & Tartar Sauce Oven Baked Fries Coleslaw	Mini Pancakes Warm Blueberry Syrup Turkey Sausage Potato Puffs	Twin Hot Dogs BBQ Baked Beans	Buffalo Chicken Sandwich Chef Choice Veggie of the Day
Start Summer Break See You Next Year!				
				Build your own Yogurt Parfait Bar available Daily

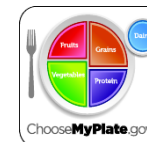
Menu Subject to Change 🌾 **All grain items are made with whole grains**
All meals are served with milk (1% low fat white or flavored) and fruit (fresh or canned)

Any questions please call Melissa Read, Director of Dining Services at 401-435-7814

If you have any food allergies, please let us know!

Prices: Student Meal: \$2.80 • Reduced Meal: 40¢ • Milk: 55¢ • Adult: \$3.50

*Simply Good Feature Item



Available daily:

Fresh Baked Pizzas,
Calzones and Flatbreads
Served with Your Choice of Hot or Cold Vegetables,
Salad, Fruit and Milk

Daily Specials may include:

Italian Stromboli, Buffalo Chicken
Flatbread, Steak & Cheese Pizza,
Pepperoni Pizza and more!

Cheese Pizza available daily



Available daily:

Hamburger, Cheeseburger, Chicken
Patty, Buffalo Chicken Patty
& Chicken Nuggets
Served with Your Choice of Hot or Cold Vegetables,
Salad, Fruit and Milk

Daily Specials may include:

Bacon Cheeseburger, Meatball Sub,
Quesadilla, Burritos and many more!



Assorted pre-packaged entrée salads
and deli sandwiches offered with fruits,
vegetables and milk.

Daily Specials may include:

Chicken Caesar Wrap, Chicken Caesar Salad,
Italian Sub and Yogurt & Fruit with Crackers

**This institution is an equal opportunity
Provider and employer**